



# WISE UP

---

## KNOWLEDGE VS. WISDOM

### MOUTH MANAGEMENT / PROVERBS 10:19-21, 18:7, 4:23-24

1. Share a time when you were either encouraged by someone's words or hurt by someone's words.
2. Pastor Mark mentioned several ways we sometimes use negative and destructive words. Those include: insults, complaints, criticisms, deception, being snarky or condemning. In what ways are you sometimes tempted to use words in a negative way?
3. The ancient Hebrews believed that words not only conveyed thoughts and ideas, they also transmitted energy. Positive words transmitted positive energy, and negative words transmitted destructive energy. Do you agree or disagree? Why or why not?
4. Read Luke 6:45. Pastor Mark suggests that the key to managing our mouths is learning to cultivate our heart. How are our heart and mouth related?
5. Why is it easier to act like a Christian than react like a Christian?
6. Read Proverbs 4:23. Why is it important to "guard" or "tend to" our heart?