

Sermon Questions: Guilt and Grace
Part 1- No Pain, No Gain

2 Corinthians 7:8-10

1. Can you recall a time when you felt guilty about something you either did (and shouldn't have done) or should have done (but didn't)? How did you deal with that guilt?
2. Have you ever felt as though someone was trying to use guilt to manipulate you? Have you ever tried to manipulate or control someone by using guilt in an unhealthy way? Why do you think guilt can damage our relationships with others?
3. Pastor Mark draws a distinction between "Godly Guilt" and "Worldly Guilt" based on 2 Corinthians 7:8-10. Read that passage then discuss what you see as the difference between the two types of guilt.
4. Can you think of ways when the Church has used guilt in a manipulative or unhealthy way?
5. Pastor Mark suggests that Godly Guilt is actually a gift from God designed to help us grow. How might that be true?
6. Can you identify some areas where you need to experience positive personal growth that God has been bringing to your attention these days?
7. How might someone's past experiences of negative worldly guilt cause him/her to avoid allowing God to bring positive Godly guilt into his/her life?
8. How does Godly guilt bring us to a better understanding of God's grace as demonstrated by Jesus on the cross?

9. When it comes to Godly guilt, Pastor Mark suggests, “no pain, no gain.” What does that mean to you?

10. How can the modern-day American Church speak God’s truth boldly enough so that Godly guilt can lead to grace, without resorting to manipulating people with worldly guilt?