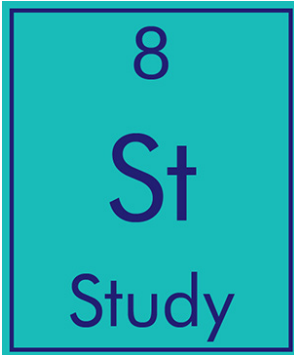


CATALYST

4 Elements That Activate Positive Life Change



PSALM 119:4-6

"You have laid down precepts
that are to be fully obeyed.
Oh, that my ways were steadfast
in obeying your decrees!
Then I would not be put to shame
when I consider all your commands."

DISCUSSION QUESTIONS

1. What do you find difficult about studying the Bible?
2. What benefits come from making Bible study a regular part of your life?
3. Why do you think fewer American Christians are studying the Bible today?
4. How does Bible Study help us gain wisdom for life?
5. Read Psalm 119:15-16. What do you think it means to "meditate on God's word"?
6. What do you think it means to say, "I will not neglect your word"?
7. Pastor Mark points out that some people like to study by reading. Bible commentaries are helpful in this form of study. Have you ever read a Bible commentary? Why might a Bible Commentary be helpful?
8. Pastor Mark points out that some people like to study by watching and listening. He announced that those who participate in VBUMC are receiving a free membership to Right Now Media, which will give people access to video streaming of over 20,000 studies. How might this resource help people grow in their faith?
9. Right Now Media offers studies on various topics as well as books of the Bible. These studies are taught by gifted communicators. How might this be useful in Life Groups, Sunday School classes, and individual studies?
10. Right Now Media also has a large collection of entertaining children's shows that teach Biblical truth to children. How might that be helpful to families?
11. Read Matthew 22:37. Here, Jesus is quoted Deuteronomy 6:5, but is adding the word "mind" to the statement. Why do you think Jesus commands us to love the Lord with our "mind" as well as our heart and soul?