

Vice Grip: You Have One Job!

Ephesians 4:21-32

1. Talk about a time when you tried to do something but failed miserably. How did you respond after your failure?
2. The season of Lent is a 40-day season of spiritual preparation that leads us to Easter. What have you done in previous years to participate in the season of Lent?
3. Pastor Mark points out that the early Christian Church identified Seven Deadly Sins and Seven Holy Virtues. The goal of the Christian was to eliminate the sins and cultivate the virtues. Why is that still an important concept today?
4. Why is it important to intentionally work to overcome the sinful habits and tendencies in our lives?
5. Pastor Mark talks about the difference between being a fan of Jesus and being a disciple (or follower) of Jesus. What do you think makes the difference between a fan and a follower?
6. What would you say to someone who says, "We're all sinners anyway, why worry about getting better and overcoming sinful habits? Nobody's perfect and Jesus forgives us, that's what matters."?
7. The Seven Deadly Sins are: Pride, Envy, Lust, Gluttony, Greed, Sloth and Anger (Rage). Which of these seven do you think are most visible in our modern American culture today?
8. The Seven Heavenly Virtues are: Humility, Kindness, Chastity, Temperance, Generosity and Diligence. Which of these seven do you think are the most difficult to cultivate in our American culture today?
9. Read Ephesians 4:21-32. Identify some of the "bad behaviors" that Paul encourages the early Christians to stop. Identify the good behaviors that Paul encourages the early Christians to start doing.
10. What one admirable character quality do you want others to remember about you after your earthly life is finished?